

I'm Trapped

Count: 32

Wall: 1

Level: High Beginner

Choreographer: Bella Jung (KOR) - October 2023

Music: Trap - HENRY



NO RESTART / 1 EASY TAG

Start dance on the part "in a cage" after "like a kitty"

SECTION I. (Walk, Walk, Fwd Rock- Recover, Back, Coaster step, Toe point, Swivel)

1-2 Step R forward, Step L forward,
3&4 R forward, Recover Back onto L, R backward
5&6 Step L back , Step R next to L, Step L forward
7&8 Point R Toe forward and Swivel(&), Recover

SECTION II. (Side Rock- Recover, Together, Side Rock- Recover, Together, Forward Rock- Recover, Together, Coaster step)

1&2 Step R side, L recover, Step R next to L
3&4 Step L side, R recover, Step L next to R
5&6 Step R forward, L recover, Step R next to L
7&8 Step L back , Step R next to L, Step L forward

SECTION III. (Heel Switches, Side point, Together, Side Point, Together, Coaster step, Fwd, Sweep, Hitch)

1&2& Heel R forward, recover, Heel L forward, recover
3&4& Toe R side, recover, Toe L side, recover
5&6& Step R back , Step L next to R, Step R forward, Step L forward (&)
7-8 Sweep L Turn ¼ facing (9:00), Hitch R

SECTION IV. (Cross Rock- Recover Side 2x , Jazz Box)

1&2 Step R forward diagonal, Recover on L, Step R backward diagonal
3&4 Step L forward diagonal, Recover on R, Step L backward diagonal
5-6 Cross R forward, Step L backward ¼ facing (12:00)
7-8 Step R side, Cross L forward

TAG: During Wall 7, after Section 2 (Heel Switches, Point Switches)

1& 2& Heel R forward, recover on R , Heel L forward, recover on L
3& 4& Touch R toe, recover on R , Touch L toe, recover on L

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